

## **SHIMMY MOB CHOREOGRAPHY 2017**

**ALBUM:- *Katir Hicham Orchestra Middle Eastern Dance - 30 hits***

**MUSIC:- *Hayakam Ellah - Track 5***

**INTRO** - Wait for 4 counts

**ENTRANCE** – Walk R, L, triple step on R. (4 sets alternating feet)

### **SECTION A**

1-4 Folk step on Right

5-6 step on right to side with single horizontal hip circle – opening arms forward and out

7-8 shoulder shimmy

1-8 repeat sequence opposite side starting with folk step on left

1-8 4 side push steps turning full turn to left

1-8 repeat first 8 counts starting with folk step on R

1-8 4 steps of grapevine to right, pose R foot on slight angle

1-4 4 hip drops with right

5-8 double hip flicks right and left

### **BREAK**

1-4 push left leg diagonally back into duck – left hand sweeping to cheek, right arm out and high

5-8 push right leg diagonally back into duck – right hand sweeping to cheek, left arm out and high

1-8 repeat those counts

## **SECTION B**

1-6 running shimmy with snake arms travelling sideways right

7-8 running shimmy turning right to face back, presentation arms, and finish facing back

1-8 repeat running shimmies facing front, turn to face front

1-4 step back on right, 4 hip drops on left- right arm high, palm facing in, left hand at hip palm down.

5-8 step back on left, 4 hip drops on right- left arm high, palm facing in, right hand at hip palm down.

1-8 4 step ball-change with side extension travel forward, slight shoulder turn to extended leg

Repeat whole sequence (32 counts)

## **SECTION C**

1-4 step side right with saïdi hop, then to left

5-8 step forward and hop with leg raised behind, 2 steps – back and together

1-8 repeat all on opposite feet

1-2 2 hip overs to left – open arms, palms up

3-4 2 hip overs to right – arms out, turn palms down

5-6 2 hip overs to left – arms out, turn palms up

7&8 3 quick vertical inward hip circles (1½ inward figure eights), arms lift sideways over head and cross down in front.

1-8 Repeat those 8 counts

## **BREAK**

1-4 push left leg diagonally back into duck – hand sweeping to cheek

5-8 push right leg diagonally back into duck – hand sweeping to cheek

1-8 repeat those counts

## **SECTION A- REPEAT**

1-4 Folk step on Right

5-6 step on right to side with single horizontal hip circle – opening arms forward and out

7-8 shoulder shimmy

1-8 repeat sequence opposite side starting with folk step on left

1-8 4 side push steps turning full turn to left

1-8 repeat first 8 counts starting with folk step on R

1-8 4 steps of grapevine to right, pose R foot on slight angle

1-4 4 hip drops with right

5-8 double hip flicks right and left

## **FINISH**

Step back on right, left foot posed, arms in high V